

FRANKFORT WILDCATS WRESTLING

Wrestling Develops

DISCIPLINE.

QUICKNESS.

BALANCE.

FLEXIBILITY.

COORDINATION.



MUSCULAR POWER.

AGGRESSIVENESS.

AGILITY.

ENDURANCE.

A WINNING ATTITUDE.

SEASON STARTS
NOVEMBER!

AGES : 5 YEARS OLD - 8TH GRADE

PRACTICE LOCATION : LINCOLN-WAY NORTH

FOR MORE INFO, PLEASE VISIT US AT

WWW.FSWILDCATSWRESTLING.COM

REGISTRATION INFO :

COST : \$195

MONDAY, OCTOBER 1ST AT FRANKFORT SQUARE PARK DISTRICT NATURE CENTER
6:00 - 8:00PM

AND

MONDAY, OCTOBER 15TH AT FRANKFORT SQUARE PARK DISTRICT NATURE CENTER