**VOLLEYBALL REASSESSMENT STUDY GUIDE**

1. List two social skills that are practiced in SHJH volleyball.
2. An official volleyball team consists of \_\_\_\_\_\_\_\_\_ per side.
3. Players rotate in a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_direction.
4. \_\_\_\_\_\_\_ players must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ until the ball is \_\_\_\_\_\_\_\_\_\_.
5. Name the two types of serves and explain each one in detail.

1. \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ is the scoring method used in volleyball.
2. If the server steps on the line when serving, it is called a \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_.
3. A serve hitting the net, going over the net and staying in bounds is called a \_\_\_\_\_\_\_\_\_ serve.
4. A serve \_\_\_\_\_\_\_\_\_\_\_\_\_ be spiked or blocked.
5. List three faults in volleyball.
6. A player \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ touch the net.
7. When a ball lands on the line it is considered \_\_\_\_\_\_\_\_\_\_\_\_\_.
8. The same player \_\_\_\_\_\_\_\_\_\_\_\_ hit the ball \_\_\_\_\_\_\_\_ times in a row.
9. The ball \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ played off the \_\_\_\_\_\_\_\_\_\_\_\_ for the \_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_ hit if it stays on the same side of the net.
10. A team is allowed a maximum of \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ to return the ball over the net.
11. A game is played to \_\_\_\_\_\_\_ points and the winning team must win by \_\_\_\_\_\_\_\_ points.
12. A match consists of the best \_\_\_\_\_\_\_\_ out of \_\_\_\_\_\_\_\_games.
13. Describe a forearm pass.
14. Describe how to set the ball.
15. What is a spike and how is it performed?
16. Explain the difference between an overhand and an underhand serve, describing how to perform each one.
17. What happens when a side out is called?
18. The ideal order of the three volleyball hits are \_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
19. Draw and label the positions on a volleyball court and use arrows to show the direction in which the players rotate.
20. Draw and label the volleyball court, including the net, sideline, end line, and 10-foot line.