ALPHABET FITNESS WARM-UP SHEET

Do the activity for each letter in the answer/word for each day below.

Day 1 = First Name Day 6 = Hill

Day 2 = Middle Name Day 7 = Junior

Day 3 = Last Name Day 8 = High

Day 4 = Spring Day 9 = Spartans

Day 5 = Summit Day 10 = Griffins

