

MAY FLUENCY PRACTICE

Name: _____ Date: _____

Activities are designed to be completed in 5-15 minutes. Color or 'X' the boxes as you complete each activity. Your child's IEP will list the specific goals your student is working to master. If you are unsure of the sounds or skills your child is practicing please refer to the IEP.

| MON | TUES | WED | THURS | FRI |
|---|--|--|--|---|
| <p>TELL SOMETHING: Tell someone about insects. Use smooth speech.</p> | <p>LISTENING DAY: Do you hear anyone with dysfluent speech?</p> | <p>FLUENCY STRATEGIES: Practice chunking-group words together and put pauses between them.</p> | <p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <input type="checkbox"/> sing a song <input type="checkbox"/> tell a joke <input type="checkbox"/> ask a question <input type="checkbox"/> read a book | <p>SMOOTH SENTENCES: Use smooth, easy speech to say "Frogs and toads are amphibians." Try saying it in the mirror:</p> |
| <p>TELL SOMETHING: Tell someone about fish. Use smooth speech.</p> | <p>LISTENING DAY: Do you hear anyone with dysfluent speech?</p> | <p>FLUENCY STRATEGIES: Practice slow rate-speak very slowly, as if in slow motion.</p> | <p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <input type="checkbox"/> call a friend <input type="checkbox"/> tell a story <input type="checkbox"/> play a game <input type="checkbox"/> share your day | <p>GAME DAY: Play a board game. Use easy, relaxed speech as you play. *You can substitute another activity/game if needed*</p> |
| <p>TELL SOMETHING: Tell someone about reptiles. Use smooth speech.</p> | <p>LISTENING DAY: Do you hear anyone with dysfluent speech?</p> | <p>FLUENCY STRATEGIES: Practice easy onset-stretch out the first sound in a sentence slowly and easily</p> | <p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <input type="checkbox"/> sing a song <input type="checkbox"/> tell a joke <input type="checkbox"/> ask a question <input type="checkbox"/> read a book | <p>SMOOTH SENTENCES: Use smooth, easy speech to say "Can you name three types of fish?" Try saying it in the mirror.</p> |
| <p>TELL SOMETHING: Tell someone about amphibians. Use smooth speech.</p> | <p>LISTENING DAY: Do you hear anyone with dysfluent speech?</p> | <p>FLUENCY STRATEGIES: Practice light contact-touch your lips, tongues and teeth very lightly while speaking.</p> | <p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <input type="checkbox"/> call a friend <input type="checkbox"/> tell a story <input type="checkbox"/> play a game <input type="checkbox"/> share your day | <p>GAME DAY: Play a card game. Use easy, relaxed speech as you play. *You can substitute another activity/game if needed*</p> |

CHECKING IN!

Directions: How do you feel about your speech? Write down any times you have had dysfluent speech this month.



